

Shikshana Prasarak Mandali's
S.P.M. PUBLIC ENGLISH MEDIUM SCHOOL
Yearly Syllabus (2025-26)
STD V

ENGLISH

MONTH	LESSON	LEARNING OUTCOMES	ACTIVITIES/HOMEWORK	VALUE/SKILLS
April	Literature: L1- Going to a Hockey Game Grammar- L24- Kinds of Sentences	-To read the lesson and comprehend it. -To understand the importance of Team games. - To know more about Hockey as a National Game of India. -To identify the different kinds of sentences. -To frame grammatically correct sentences.	-Prepare a poster to cheer your friend who is a part of 'The White Wolf' Hockey Team. https://www.youtube.com/watch?v=opjHnkG2U_o Prepare a mind map showing types of sentences and their examples.	-Team work - Leadership skills - following rules and regulations -Think before you speak.
June	Literature: L2- The invention of Shoes Poem 1- How Many Greens?	- To read the lesson and comprehend it. - To understand the importance of things we use on daily basis. - To understand the humor behind the lesson. - To read and appreciate the poem. - To critically think about the importance of Trees and impact of not having greenery around us.	Activity- Write a paragraph in Literature notebook about a thing you would like to invent which will help the society. Activity- Gather different types of leaves from a garden near your house, stick it in your notebook and write the names of the trees that they are from.	Skills- Critical thinking, logical reasoning and creative writing. Skills- Awareness about our surroundings, Critical Thinking

	Ls 1, - Nouns and Their Types Ls 2- Singular and Plural Ls3- Nouns: Gender Ls 4- Possessive Nouns Ls 5: Pronouns and Their Types Creative Writing- Notice Writing	-To know about common, proper, collective, abstract and material nouns -To learn about the singular and plural forms of nouns. To know about masculine, feminine, common, and neuter gender To form a possessive noun by adding the apostrophe(‘) To learn about forms of personal, possessive, and demonstrative pronouns in 1st / 2nd / 3rd person -To learn to match personal pronouns with reflexive pronouns -To learn more about its functions and positions. To understand the concept of notice writing. To know the format and write a notice.	https://www.youtube.com/watch?v=sCkC2GECfFk https://youtu.be/cUXgU8irYMs https://youtu.be/-OeVonzjoLc Group Activity: Make cut outs of nouns and pronouns- Pick each cut out and make sentences Make two sentences each of the pronouns https://youtu.be/PenAOEWwSII https://youtu.be/_7milSsagCs https://youtu.be/d1vs2EtHiyQ Activity- Write a notice for a singing competition to be held in your school for the students of class 3, 4 and 5.	Differentiate between types of nouns Writing plural form for singular nouns Replacing nouns with suitable pronouns Identifying and using pronouns in context Skills- Creative and Critical Thinking
July	Literature: L3- Miss Pickerell in Space	- To read the lesson and comprehend it. - To understand the concept of Science Fiction - To understand the humor behind the lesson.	Video- Video about the journey of Sunita Williams. https://www.youtube.com/watch?v=tBVUTFPate0	Skills- Critical thinking, Importance of Digital awareness,

	L4- The Thief is Caught!	- To read the lesson and comprehend it. - To appreciate the adventure in the lesson. - To understand the qualities of a good detective	Activity- Write a story on the basis of the given clues. (page 45 of the literature textbook)	Skills- Effective communication, Coding and decoding, Critical thinking
	Grammar: Ls6- Verbs	-To identify the different forms of verbs, object of a verb. -To differentiate between Transitive and Intransitive verb		Skills- Differentiating between forms of verbs
	Ls 7- Simple Present Tense L8- Present Continuous L9- Present Perfect L10- Simple Past Tense L11- Past Continuous Tense L12- Future Tense L13- Future Continuous Tense	-To identify and differentiate between Present, Past and Future Tense. -To frame proper sentences using correct form of tenses.	https://www.youtube.com/watch?v=fnAF80C2PDw https://www.youtube.com/watch?v=Xy8cpyPa_qQ https://www.youtube.com/watch?v=8c8yiwrPS0U Activity- "Tense Time Travel" Material: Flashcards and Pictures	Skills- Sentence Structure, Analytical Thinking

August	Literature: L5- A Rupee Goes a Long Way	- To read the lesson and comprehend it. - To understand the trade before money was invented. - To understand the importance of sharing	Activity- Role play- Each student exchanges the story with a friend using right expressions, body language and dialogues.	
	Poem 2- Books			
	Grammar L15- Modals	To learn about the functions of can and shall -To learn to use can and shall appropriately in a sentence.	Based in the situations, identify the appropriate modals. https://youtu.be/pxbEjVwCmjc	Skills- Understanding the functions of modals and using it in the sentence correctly.
	L16- Subject and Predicate L17-Subject-Verb Agreement	To identify the subject and predicate in the sentence. To frame grammatically correct sentences using subject-verb agreement.	Activity- Write a story on the basis of the given cues. Use the correct forms of the verbs agreeing to the subject.	Skills- communication, analytical thinking.
	Creative Writing- Story Writing	To learn to write stories on the given cues.		Skills- communication, analytical and critical thinking.
September	Literature L6- Sam and the Secret Call	-To identify the elements of an adventure story. - To analyse the show of affection demonstrated by the dolphins.	Activity- Story Telling- Narrate an adventurous story.	Skills- Critical Thinking Creative Writing, Logical Reasoning.
	Poem 3- Spring	To read the poem and understand the central idea. To know the importance of seasons.	Activity- Recite a poem on your favourite season.	Values- Importance of nature and season

	Grammar- L19- Adjectives L20- Degrees of Comparison	To learn about different types of Adjectives: quantity, demonstrative, possessive -To learn forms of Adjectives -To learn to make use of the degrees of Adjectives	Frame questions using different degrees of adjectives. https://youtu.be/Xg0RBX1rEag https://youtu.be/q4PJGGMYYFRc	Skills- Critical Thinking, Logical Reasoning.
October	Literature: L7- The Newspaper Boy	To infer the importance education played in the life of the speaker. To describe the main characters in the story.	Activity- Read an article from the NIE newspaper, cut and paste it in your notebook. Write a summary on the article in 5-6 sentences.	Skills- Social and Geographical Awareness, Critical thinking
	Poem- 4 What are heavy?	To express the temporary nature of human existence. To recognize the comparison made between the abstract and concrete.		
	Grammar L18- Articles	To learn and identify the incorrect use of articles and using it in context.	Rewrite the paragraph inserting appropriate articles wherever required. https://youtu.be/Rna364Dl2Pc	Skills- Reading and observational skills
	Creative Writing- Leave Application	To learn to write leave application	Activity- Write a leave application to your teacher.	Skills- Critical and logical thinking
November	Literature L8- One Friday Morning	To what social discrimination means. Talk about its impact on the adults and on the child. Discuss why and how we could fight injustice.	Activity- Informal Letter. Write a letter to your friend about how you won the Artist Club Award and what you plan to say during the award function.	Values- Peace and Justice, Reduced Inequalities
	Grammar			Skills- Analytical and logical reasoning

	L21- Adverbs and Their Types L22-Types of Prepositions	To learn Adverbs of manner, time, place, and frequency, modifying adjectives. To learn comparative and superlative degrees of adverbs To learn more about preposition of position or place, movement and time	Place the adverbs in the correct position and rewrite the sentences. https://youtu.be/ePxNKUKWNDM https://www.youtube.com/watch?v=d-yAj62Vio0	Skills- Logical reasoning
December	Literature Poem- Tamarind Creative Writing- Informal Letter	To analyze the importance of trees around us. To express the speaker's sense of belonging with the tamarind tree. To understand the concept of informal letters. To know the format of informal letter.	Activity- Role Play- "If I were a Tree" Activity- Write an informal letter on the given topic.	Values- Critical Thinking, Environmental Awareness Skills- Creative and Critical thinking, logical reasoning
January	Literature L9- An Equal Share L10- Maui's Kite Grammar	To identify the traits of main characters To analyse and interpret the theme To infer the consequences of the lack of a balance in biodiversity. To read the lesson and comprehend it To understand the culture and background of folk tales. To describe the main and minor characters	Short skit- Prepare a skit to show how students share things equally and why it is important. Activity- Design your own kite.	Values- Sharing is caring Skills- Social Awareness Values- Perseverance Skills- imaginative skills Skills- logical reasoning

	L23- Conjunctions	To learn to link different words, phrases and sentences. To learn to connect words, parts of sentence and sentences by using a conjunction.	Select the appropriate conjunctions and complete the sentences. https://youtu.be/bqIdFavRiMg	
February	Literature L10 The Strange Case of Dr Jekyll and Mr Hyde Poem- Ring Out, Wild Bells	To read the lesson and understand the theme. To analyse the case of Dr. Jekyll and Mr Hyde To read the poem and understand the central idea To identify and appreciate poetic devices such as repetition and imagery. To understand the significance of letting go of the negative aspects and welcome the positive ones.	Activity- Write an adventurous story on the basis of the given cues. Activity- Draw positive feelings on a chart paper and hang it to the softboard.	Skills- Analytical and critical thinking Values- Focus on positive aspects and ignore the negative ones.
March	Revision			

PORTION FOR ENGLISH STD V 2025-2026

Class Test	Pre- Mid	Half Yearly	Class Test 2	Post-Mid Examination	Annual Examination
Lit L1	Lit- 2,3,4 Poem-1 Grammar: 1, 2, 3, 5, 6, 24, (Notice Writing), unseen passage	Lit- 3,4,5,6, Poem- 1,2,3 Grammar: 7,8,9,10,11,12,13,14,16,17 (Notice writing and story writing) Unseen passage and poem,	Lit- 7 Grammar: 15	Lit- 7,8 Poem- 4 Grammar: 18,19,20 (Informal Letter) unseen passage	Lit- 8,9,10,11 Poem 4,5,6 Grammar: 18,19,20,21,22,23 (Informal Letter and Leave Application)

SCIENCE

Month	Unit/Content	Expected Learning Outcome	Activities/ Class Assignments/ Home Assignments	Values/Skills
April	L-1 Food and Our Health	Students will be able to -Identify the nutrients in different foods. -Explain the importance of balanced diet in maintaining good health. -Identify deficiency diseases due to the lack of nutrients. -Explain the causes of poor health resulting from unhealthy eating habits. -Explain the importance of exercise and rest for good health.	- An activity to demonstrate that carbonated drinks, like cola, are harmful to our health (ref. text bk Pg. 13) - Video https://www.youtube.com/watch?v=BR0VmSIU_E	-Importance of hygiene -Prevention is better than cure -Awareness about health
June	L-4 States of Matter	Students will be able to - Define matter and describe its constituents - Identify the three states of matter - Explain the various changes that occur in the states of matter - Explain the process of expansion and contraction - Differentiate between physical and chemical change of matter.	Activity: To find examples of physical and chemical changes in their environment. https://www.youtube.com/watch?v=G5UftZBXs7s Physical and Chemical change https://www.youtube.com/watch?v=MBmBknteSrQ	-Curiosity -Scientific thinking

Month	Unit/Content	Expected Learning Outcome	Activities/ Class Assignments/ Home Assignments	Values/Skills
	L-3 Rocks and Minerals	Students will be able to - Explain how rocks are formed. - Describe the process of formation of rocks - Identify different types of rocks based on their process of formation. - Explain the uses of rocks - identify the metals obtained from rocks and their uses. - Explain the formation of fossil fuels.	Activity: <u>Social Studies integrated activity:</u> Find out places in India where coal and petroleum are obtained. Mark these places on a map of India. <u>Art integrated activity:</u> Rock painting https://www.youtube.com/watch?v=U2QSjP3gNZA&t=633s	Gratitude - Earth has enough for everyone's need but not for everyone's greed.
July	L-5 Animals and Plants	Students will be able to -define classification and explain its importance -Identify animals with and without vertebral column -classify vertebrates in various groups based on their features. -classify non-vertebrates in various groups based on their features	- Visit to sensory garden to observe different flowering plants. - Visit to biology lab. Classification of Animals https://www.youtube.com/watch?v=LGxmZqQB0dU	- Sensitivity towards nature. -Gratitude

Month	Unit/Content	Expected Learning Outcome	Activities/ Class Assignments/ Home Assignments	Values/Skills
	L-6 Reproduction of Plants	-identify and classify flowering and non-flowering plants. Students will be able to -describe the parts of a seed and their functions -list the conditions required for a seed to germinate -describe the process of germination and its importance -identify various agents of seed dispersal -explain the importance of seed dispersal -explain the different reproductive parts of the plant -identify various ways to grow healthy crops. -list down methods of protecting and storing the crops.	Activity: <u>Germination of seed</u> To understand the process of germination using beans. https://www.youtube.com/watch?v=JvffaNX6W_k	- identification and classification - Gratitude

Month	Unit/Content	Expected Learning Outcome	Activities/ Class Assignments/ Home Assignments	Values/Skills
August	L-10 Safety and First Aid	Students will be able to - explain the safety rules to be followed on roads. - explain the importance of safety rules to prevent fire accidents and water-related accidents. - describe ways of first aid for minor cuts, sprains, fractures, nose bleed, heatstroke, fainting, animal bites and burns.	Activity: Design a poster on ‘Safety’ using any one slogan (Refer textbook page No. 97) https://www.youtube.com/watch?v=_6I3GRYSM1E	-Safety -Decision making -General awareness
September	L-14 Protecting the Environment	Students will be able to -identify the various human activities and their impact on environment. - explain the greenhouse effect and its impact on earth’s atmosphere. -describe global warming and its causes. - list various ways in which we can protect our environment.	Activity: Design the items that can be reduced, reused or recycled in your surroundings. Create a chart showing the items found and label them as Reduce, Reuse or Recycle. Write why each action is important for protecting our planet. A song on Reduce, Reuse and Recycle https://www.youtube.com/watch?v=5V3ap8QrLJg Our Environment https://www.youtube.com/watch?v=yEBFGh-iyqw&t=10s	- Cleanliness -sensitivity towards environment - Gratitude
October	L-11 Simple Machines	Students will be able to -define simple machines	Activity: Note down the different playing equipments in a park and identify the different simple machines used in them.	Thinking and Reasoning

Month	Unit/Content	Expected Learning Outcome	Activities/ Class Assignments/ Home Assignments	Values/Skills
		-understand and describe the role of simple machines in our daily life. - differentiate between simple and complex machines. -define and describe the types of simple machines	https://youtu.be/V9L1eeKjFZU https://www.youtube.com/watch?v=zbms3DBr6gk&t=53s https://youtu.be/FtCJdrNxxMo	
November	L- 7 The Skeletal and Nervous System	Students will be able to -describe the structure and function of skeleton -describe the various joints in our body -explain the importance of muscles in the working of skeletal system. -explain the ways to take care of skeletal and muscular system. -identify the organs of nervous system -explain the function and importance of nervous system -describe reflex action	Activity: Group activity: Students will bring an X-ray film and identify the bones and joints. Make a model of human skeleton using ear buds https://www.youtube.com/watch?v=blqMeF7AsxU	Scientific attitude -Gratitude

Month	Unit/Content	Expected Learning Outcome	Activities/ Class Assignments/ Home Assignments	Values/Skills
	L-8 The Circulatory and Excretory System	Students will be able to -identify the organs of circulatory system - describe the various functions of the heart, blood and blood vessels. -explain the importance of circulatory system -identify the organs of excretory system and their functions -explain the importance of excretory system.	Activity: Measure and compare the pulse rates (refer text book page No. 76) Role play: Different students will play roles of parts of circulatory system to understand the working of circulatory system. Circulatory system https://www.youtube.com/watch?v=bjflVx0DX0 Excretory system https://www.youtube.com/watch?v=0blQELys9ck	Scientific attitude -Gratitude
December	L-9 Microbes and Diseases	Students will be able to -define microbes -classify microbes in five groups and give examples. -classify and describe useful and harmful microbes -define disease and categorize them into types -define and explain communicable and non-communicable diseases. -To understand the ways to prevent communicable diseases.	Activity: To grow a bread mould (refer text book page No. 88) Useful microorganisms https://www.youtube.com/watch?v=6kc_Trzw2w https://www.youtube.com/watch?v=9ZALSSydkoo	-Importance of hygiene. -Prevention is better than cure. -Problem solving

Month	Unit/Content	Expected Learning Outcome	Activities/ Class Assignments/ Home Assignments			Values/Skills
		- explain the interrelationship between living and non-livings elements of environment. -explain the interdependence of plants and animals. - illustrate various examples to explain how interdependence helps to maintain balance in nature.	Students will explore and present how living organisms are connected through food webs in different ecosystems, highlighting the concept of interdependence. https://www.youtube.com/watch?v=EfXqb9ZtgPw			
Portion for Assessment (2025-26)						
Class test-I	Pre-mid term	Half yearly	Class test-II	Post-mid term	Annual	
L-1	L-1, 3, 4, 5	L- 1, 3, 4, 5, 6, 10, 14	L-11	L-7, 8, 11	L- 7, 8, 9, 11, 12, 15, 16	

MATHEMATICS

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
April	L-1 Numbers and Numeration	-Read and write large numbers up to crores using the Indian numeration system. -Read and write numbers using International numeration system. - Compare the Indian numeration system with the International numeration system. -Use place value to write a number in the expanded form and vice-versa. -Find the predecessor and successor. -Comparing and ordering numbers. -Round off large numbers up to the nearest 10,100 and 1000. -Use place value to form greatest and smallest numbers from the given digits.	-Find the distance of the planets in our solar system from the Sun in kilometres. Round off the numbers up to nearest 1000. -Making a Mathematics Dictionary https://youtu.be/G59BK8Ah3kE https://youtu.be/Ts5nn5EQKF4	Accuracy, Precision, Number sense
June	L -2 Roman Numerals	-Read and write Roman Numerals beyond 100	Activity: Rearranging only one matchstick to correct the statements. Activity: Rewrite a paragraph using Roman numerals in place of Hindu-Arabic numbers. Underline the Roman Numerals.	Number sense

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
	L-3 Addition and Subtraction	-compute the sum of 7-digit and 8-digit numbers without and with regrouping. -compute the difference of 7-digit and 8-digit numbers without and with regrouping. -apply the properties of addition and subtraction. -apply the concepts of addition and subtraction in solving real life problems.	Activity: Build and solve a word problem with the given data using the concept of addition or subtraction. Activity: Research and find the largest and the smallest continent in terms of area. Also find the difference between their areas. https://youtu.be/PU3ghUw7uew https://youtu.be/KMl_3D5s7eE	Accuracy, Precision, Reasoning, Problem solving

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
July	L-4 Multiplication and Division	-identify the properties of multiplication and division and their applications in simplifying expressions. -multiply a given number by 10, 100, 1000 and their multiples without actual multiplication. -divide a given number by 10, 100 and 1000 without actual division. -multiply and divide large numbers. -apply the concept of multiplication and division in solving real life problems. -identify and use DMAS rule.	Activity: - Use four 4s and any of the mathematical operations (+, -, x, ÷) to make a total of 7 - Complete the circle by writing the missing products and quotients. - Puzzle based on critical thinking https://youtu.be/55wkA8L7M_Y https://youtu.be/Ed1tcEcz2BQ https://youtu.be/q0nFHM22_0E	Accuracy, Precision, Reasoning, Problem solving
	L-5 Factors and Multiples	- write factors and multiples of a number. - test divisibility of numbers. - differentiate between odd and even numbers. - differentiate between prime and composite numbers. - express a given number as a product of its prime factors using factor tree and short division method. - identify the highest common factor (HCF) and compute HCF using prime factorisation method and long division method. - identify the lowest common multiple (LCM) and compute LCM using prime factorisation method and	Activity: -To find the prime numbers from 1 to 100 using Sieve of Eratosthenes. -To find LCM using a 10 x 10 grid. https://youtu.be/7LLsgPxJPAI https://youtu.be/0IZyGB1qQmM	Reasoning, Classification, Problem solving, Critical thinking

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
		common division method. - establish the relation between HCF and LCM.		
August	L – 6 Fractions	- classify fractions as like, unlike, proper, improper, mixed and unit fractions. - - define equivalent fractions and find equivalent fractions of a given fraction. - - represent fractions on a number line. - - reduce a fraction to its lowest terms. - - compare and order two or more given fractions. - - add and subtract two or more fractions. - - find the product of two or more fractions. - - find the reciprocal of a fraction. - - divide one fraction by another fraction.	Activity: -To understand the multiplication of fractions using square grid paper and coloured pencils. -To solve a puzzle based on division of fractions. Addition of fractions https://youtu.be/jRVBlON-hIc Subtraction of fractions https://youtu.be/L8bY9O0-j_4 Multiplication of fractions https://youtu.be/987lSYKeEts Division of fractions https://youtu.be/1BW9DSNAyOE	Classification, Reasoning, Recognition and Critical thinking.

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
	L – 14 Geometry	- identify basic geometrical terms like a point, a plane, a line, a line segment and a ray - identify intersecting, parallel and perpendicular lines. - measure and draw an angle using a protractor. - classify angles according to their measures. - identify the polygon and their types. - define a triangle and identify the vertices, sides and angles of a triangle. - classify triangles based on the lengths of their sides and measures of angles. - define a quadrilateral and identify the vertices, sides and angles of a quadrilateral. - identify various types of quadrilaterals. - define a circle and identify parts of a circle. - construct a circle of a given radius - define and explain the unitary method.	Activity: - To make types of angles using colourful origami papers and ice-cream sticks. https://youtu.be/Fd49bBqpy5o - Paper folding activity to show types of angles. https://youtu.be/234zXDN1yyo - Types of angles https://youtu.be/JUcSkGdq2p8 - Triangle and its types https://youtu.be/zneP1Q7IjgQ - Circle and its construction https://youtu.be/6TDsT0enyxs	Spatial sense, Recognition, Reasoning, Classification, Accuracy

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
September	L-8 Unitary Method	- apply the concept of unitary method in solving real life problems.	Demonstration Activity: -To find the number of children in certain rows when number of children in two rows is given. Example :- If 18 children are standing equally in 6 rows then how many children in 8 rows? https://youtu.be/XqF0Z7n1KEM?feature=shared	Reasoning, Problem solving, Accuracy
October	L – 7 Decimal Numbers	-relate fractions with denominator 10, 100, 1000 as decimal numbers and represent them pictorially. -find place value of decimal fractions as tenths, hundredths and thousandths. -express decimals in expanded notation. -classify decimal fractions as equivalent, like and unlike. -compare and order decimal fractions. -express a given decimal number as a fraction and vice-versa. compute the sum and difference of two	Activity: - Building decimal numbers using arrow cards. - Join the correct pairs of decimal numbers to get the sum 1. - Addition and subtraction of decimals https://youtu.be/N2v8KD3jDB8 - Multiplication of decimals by 10, 100 and 1000 https://youtu.be/kHWnoC-B2bo - Multiplication of decimals https://youtu.be/tOf8JA5i6wo - Division of decimals by 10, 100 and 1000 https://youtu.be/Da3KqEEdb_o - Division of decimals with whole numbers https://youtu.be/rls-5kSWQFQ	Precision, Classification, Reasoning, Representation, Accuracy, Problem solving

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
		or more decimal numbers. multiply and divide decimal numbers. apply the concept of operations on decimal numbers in solving real life problems.		
November	L-10 Percentage	-define percentage and identify its symbol. -express a fraction and a decimal as a percentage and vice-versa. -apply the concept of percentage in solving real life problems.	- To find the percentage of chess pieces (chessmen) in a chess board. - To convert the coloured part (in fraction) into percentage. https://youtu.be/f9ao5JI-bTw?feature=shared https://youtu.be/XGOMLR_4zD4?feature=shared https://youtu.be/VQru89KlhiY?feature=shared	Problem solving, Reasoning
	L-9 Money and Bills	-apply the concept of four operations to solve problems based on money. -comprehend and analyse the information given in the bill. -prepare the bill.	-You are planning a picnic trip with your school group. You have to carry your own food items (chips, biscuits, fruits, chocolates, sandwiches, cold-drink, toffees) in your picnic basket. Design a budget and calculate the total amount needed. -Collect the pictures of currency notes of any 5 countries of the world and paste them in your notebook. Also, mention the country. https://youtu.be/3r-swx-344Y?feature=shared https://youtu.be/ckfkl9PGpGU?feature=shared https://youtu.be/rxMw2s6oWNC?feature=shared	Representation, Organizing data, Accuracy

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
December	L – 11 Measurement	- identify the standard units of measuring length, weight and capacity. - convert bigger units to smaller units and vice-versa. - apply the four operations in solving problems involving length, weight and capacity	Activity: -To measure the length, weight and capacity using objects such as Pencil, book, table, water bottle, etc. and convert them in different units. - Find the distance of the Moon from the Earth in metres and convert into kilometres. - Measurement of length https://youtu.be/y3E6nmAWc5U - Measurement of mass (weight) https://youtu.be/z-iSpbO3eU0 - Measurement of capacity (volume) https://youtu.be/HuwKlGpzqB8	Accuracy, Precision, Reasoning
December	L – 15 Perimeter and Area	-define perimeter of a plane figure, understands the unit of perimeter and express the perimeter with appropriate unit. -compute perimeter of triangle, rectangle and square. -define area of a plane figure, understands the unit of area and express the area with appropriate unit -compute area of a rectangle and a square. -compute area of composite/combined shapes	Activity: -To find the perimeter and area of familiar objects such as ruler, notebook, handkerchief, table, blackboard, etc. - Creating pictures using only geometric shapes(, square and rectangle) and calculating the area of the picture. - Perimeter of square, rectangle and triangle. https://youtu.be/K_aR9B4tKFk - Area of square and rectangle https://youtu.be/JxkWSDpfOFY - Area of irregular shapes https://youtu.be/mPMCOYjVEhY Activity: -To find the volume of familiar objects such as match	Logical reasoning, Problem solving, Critical thinking

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
January	L-12 Time	-define volume of a solid shape, understands the unit of volume and express the volume with appropriate unit -compute volume of a cuboid and a cube. -apply the concepts of perimeter, area and volume in real life situations. -establish a relation between units of time. -convert higher units to lower units and vice-versa. -add and subtract time. -compute time taken to complete an activity. -calculate duration of time.	box, lunch box, cupboard, geometry box, Mathematics textbook, etc. - Volume of cuboid https://youtu.be/Ex-1_vCFi0A - Volume of a cube https://youtu.be/x_cItHt_T0A Activity: <u>-Find out the time difference between your city and Auckland, Chicago, Tokyo and Dubai.</u> <u>-Write the Monday timetable of school using 24-hour clock.</u> - Conversion of 24 – hour and 12 – hour clock time https://youtu.be/Lj4YxVZWLVU - Addition and subtraction of time https://youtu.be/VaZUc_bXMVY - Time interval https://youtu.be/T4vH284t-U	Accuracy, Reasoning, Time management
January	L-17 Data Handling	- collect data and represent it in tabular form using tally marks. - interpret and represent data pictorially in pictograph. - interpret and create bar graph based	Activity: Note down the number of students in each house of your class. Represent the data using a bar graph. - Tally marks https://youtu.be/GPEZjcVluRA - Pictograph and bar graph https://youtu.be/2a5OuENTZUg	Collecting and organizing data, Representation, Spatial sense

Month	Unit / Content	Expected Learning Outcome	Activities/ Class Assignments /Home Assignments	Values/ Skills
February	L-13 Temperature	on the given information. - interpret pie chart and line graph. - define temperature - identify the various scales of measurement of temperature. - convert the units of measurement from °C to °F and vice-versa.	- Circle graph https://youtu.be/wMWgmfpCrCE - Line graph https://youtu.be/KM3G2XphfJg Activity: To record the maximum and minimum temperature for a week in Celsius and convert into Fahrenheit Scale. https://youtu.be/Wcf5bYNLlik?feature=shared	Problem solving
February	L- 16 Symmetry and Patterns	-observe symmetrical figures and draw their lines of symmetry. -define turns. -draw figures after given turns' -define rotational symmetry. -define plane of symmetry for 3D shapes. -draw the plane of symmetry for basic 3D shapes. -observe some interesting patterns (Magic squares, Pascal's triangle, Square numbers, Triangular numbers, Cube numbers and Fibonacci sequence)	Activity: To make symmetrical figures using ink and paper - Ink Blot Devils (watch the link given below) https://youtu.be/on2yWQV6GEk - Line of symmetry https://youtu.be/_Xs56r9o3Tw - Patterns https://youtu.be/twi2fLanvp0	Critical thinking, Logical reasoning
March	Revision	Revision	Revision	Revision

Portion for Assessment (2025-2026)					
Class Test 1	Pre-Mid Term	Half Yearly	Class Test 2	Post-Mid Term	Annual
Lesson no:- 1	Lesson no:-1,2,3,4	Lesson no:-2,3,4,5,6,8,14	Lesson no. – 7	Lesson No. – 7,9,10,11	Lesson no:- 6,7,10,11,12,14,15,17

SOCIAL SCIENCE

Month	Lesson	Learning Outcomes	Activities/Homework	Values/Skills
April	L-1 The Globe- A model of the Earth	Students will be able to learn more about- a) Earth by using a Globe. b) Latitudes and Longitudes c) Locating places on the Global Grid.	Globe making activity- (Art Integrated Learning) 1. Take a blue colour playdough and make a globe 2. Prepare a global grid showing a. Equator b. Latitudes c. Longitudes Links: https://www.youtube.com/watch?v=noUL3xkc8ko https://www.youtube.com/watch?v=cwUuVdF8ohY	Skills: Locating places on Earth. Value: We must protect and preserve our mother Earth.

June	L-2 Maps	Students will be able to – a) Differentiate between globe and map. b) Evaluate the advantages and disadvantages of using globes and maps. c) Identify the different types of maps. d) Identify and list the different elements of a map.	Activity: Make a map (Integrated with Maths) Prepare a map in a notebook showing the route from your home to school using the following points. 1) Directions and Distance 2) Important Landmarks. 3) Symbols. 4) Name's of the roads. Students will prepare the index based on landmarks and symbols. Links: https://www.youtube.com/watch?v=L3ii_KKxPwo Activity- Research work on different natural disasters. a) How, when, and where do they occur? Link: https://www.youtube.com/watch?v=0aMTn2YU6O4 Group activity of dramatization. Topic- One day, you woke up and saw the Earth had stopped rotating. Links: https://www.youtube.com/watch?v=ncAHqJZzqRo https://www.youtube.com/watch?v=wYWgvkwCf8o	Skills: Develop observation skills. Skills- Problem Solving skills, risk assessment. Value- being helpful and responsive. Skills- Time Management. Value-Patience.
	L14- Natural Disasters	Students will be able to – a) To identify the natural disaster. b) Explain the causes and effects of natural disasters. c) Demonstrate the precautions to be taken during natural disaster. d) Name and appreciate the work of organisations that carry out rescue work after natural disasters.		

	L3- Movements of the Earth	Students will be able to - a) Explain the rotation of the Earth and how it leads to the occurrence of day and night. b) Explain the revolution of the Earth and how it leads to changing seasons.		
July	L-4 Climate L-5 DRC- The Land of Dense Forest	Students will be able to - a) Difference between weather and climate. b) Explain the factors that determine climate. c) Name the three heat zones of the Earth and differentiate between them. Students will be able to - a) Locate DRC on a map. b) Analyse its vegetation, wildlife and natural resources and the life of people. -Describe the means of transport found in DRC.	Activity: Map Game: Divide the class into two groups. Look at the world's map showing the Earth's heat zones. 1) Write the names of countries in each of the zones. 2) Write the names of 5 cities in India in the different zones in which India lies. Links: https://www.youtube.com/watch?v=2z15fCkuf5o https://www.youtube.com/watch?v=Lbid5bYi7LA Activity: Debate- On the topic “Should tourists be allowed to visit the Congo rainforest?”. Links: https://www.youtube.com/watch?v=G0grct6fZDI https://www.youtube.com/watch?v=XAxXyWNzw8E	Skills- Observation and recording, Critical thinking. Value- Environmental Responsibility, Awareness. Skills: Observation and comparison skills. Values- Conservation of Forests, respect the nature.
August	L-6 Greenland- The land of Ice and Snow	Students will be able to – a) Locate Greenland on a map.	Activity: Classroom Activity- Cold vs Warm: “Compare and Contrast” Make two columns on the board or worksheet: Greenland and My Country. Students list differences in:	Skills: Sustainability in extreme conditions, observations.

	L-7 Saudi Arabia- The land of Hot Sands	b) Analyse its vegetation and wildlife. c) Its people, its agriculture and industry. Students will be able to – a) Locate Saudi Arabia on a map. b) Describe the land scape, climate, vegetation, wild life of Saudi Arabia. c) Describe the life of people of Saudi Arabia and analyse how it is influenced by natural features of the land. d) Describe the agriculture and industry. e) Explain the importance of Saudi Arabia as a religious centre.	1) Weather 2) Homes 3) Clothes 4) Transport 5) Food Skills: Comparison, critical thinking, observation. Links: https://www.youtube.com/watch?v=36TPF9hbbLU https://www.youtube.com/watch?v=1Vtb_8BRSks Make a model of a desert https://www.youtube.com/watch?v=lkxV5CcRKFs https://www.youtube.com/watch?v=0ssaseE-q0A	Values- Adaptability, cultural respect Skills: Adaptability to environment. Values- Cultural respect Social Awareness.
September	L-17 The British Raj and the First	Students will be able to – a) Describe the arrivals of the Europeans in India.	Activity: Dramatization	Skills: Historical Empathy, Critical thinking.

	War of Independence	b) Identify the reasons why British wanted to control India. -The rising discontent among the Indians. -The revolt of 1857.	Links: https://www.youtube.com/watch?v=UgbpSsDvf9Q https://www.youtube.com/watch?v=akw0GJ8YpA0	Values- Patriotism.
October	L12- The Age of Machines	Students will be able to – a) Explain how early humans used tools for various purpose. b) Explain the Industrial Revolution and Age of Machines. c) Its impact on modern life.	Activity- Report Writing: 1) Read and list out 10 important inventions of the Industrial Revolution. 2) Prepare a table with four columns. 3) Fill each column under the heading- 4) Name of the invention 5) Inventor 6) Main uses 7) Picture of the invention and inventor. Links: https://www.youtube.com/watch?v=_ymiXkar018 https://www.youtube.com/watch?v=84K9ZQRxzac	Skills: Research. Values: Responsibility
November	L-8 Grasslands of Temperate zones	Students will be able to – a) Name and list different types of grassland found around the world and their location. b) Describe the vegetation and the climate of the Prairies.	Activity- Research: 1) Divide the class into groups of 5. 2) Assign each group one major grassland. Students will collect information about different temperate zones in different countries. Eg Prairies, Pampas, Steppes. 3) They can collect information on the location, the rivers, agriculture, major industries in the area and people who live there.	Skills: Observation Values: Respect for global diversity.

	L-19 The Struggle for Independence	c) Explain the condition for agriculture and cattle rearing in the Prairies. Students will be able to – a) Explain the role of social reformers. b) The rise of Indian Nationalism. c) The partition of Bengal and Swadeshi Movements. d) Activities of the revolutionaries. e) World War I and after.	Links: https://www.youtube.com/watch?v=dtXTonTwXVM https://www.youtube.com/watch?v=k6yVJaWiPcM Activity- Poster Making 1) Design a poster on the following topics: 2) Urging people to buy Indian goods and not British or imported goods. 3) Effects of World War- I 4) Pictures and information about Indian Social Reformers 5) Pictures of leaders of Revolt of 1857 and their tag lines. Links: https://www.youtube.com/watch?v=Ry6yESsO1g https://www.youtube.com/watch?v=cPjRaw8CVr8	Skills: Empathy. Values: Patriotism.
December	L-13 Conserving our Environment	Students will be able to – a) Explain the idea of environment. b) List and describe different types of pollution and how to control it. c) Waste generation and its disposal. d) Kinds of waste: bio degradable waste, non-biodegradable waste e) Ways to reduce and recycle waste.	Activity- Role Play-Enact a play on Chipko Movement. Links: https://www.youtube.com/watch?v=jabfW5sKKGy https://www.youtube.com/watch?v=-ehD4H_ywyQ https://www.youtube.com/watch?v=21IkADTnOIE	Skills: Problem solving. Value: Gratitude-What will happen to all living beings if we do not take efforts to control pollution?
January	L19- Freedom at last	Students will be able to – a) Gandhiji's contribution to the freedom struggle.	Activity- Project work- Students will find information on different aspects on Gandhiji's life.	Skills: Civic Awareness. Value: Patriotism.

		b) The Rowlatt Acts and the Jallianwala Bagh Massacre. c) The Non-Cooperation movement and the Civil Disobedience Movement. d) The Simon Commission and the demand for Purna Swaraj e) World war II and Quit India movement. f) Subhash Chandra Bose and the Indian National Army. g) How India finally became free.	Links: https://www.youtube.com/watch?v=HEgEIOuRx-s https://www.youtube.com/watch?v=G-swO-xT140	
January	L- 20 Our Government	Students will be able to – a) Describe the three-layered structure of government. b) Describe the structure of the Central government and its constitution. c) Describe the function of the State government and its structure. d) Discuss the power and functions of the courts.	Activity- Role play of Court Systems Links: https://www.youtube.com/watch?v=J40N2k4Ks5g https://www.youtube.com/watch?v=Is6KM7rl9ak	Skills: Civic Awareness. Value: Democracy
February	L-16 United Nations (Background, formation, purpose, principle and agencies)	Students will be able to – a) Know the background, formation, purpose, principle and agencies of the United Nations.	Link: https://www.youtube.com/watch?v=36ydD9JJfEQ	Skills: Global Awareness. Value: Unity
February	REVISION, ORALS, SUBJECT ENRICHMENT			

March	REVISION
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PORTION FOR Std 5 SOCIAL SCIENCE:

CLASS TEST- 1	PRE-MID EXAMINATION	HALF YEARLY	CLASS TEST-2	POST-MID EXAMINATION	ANNUAL
L 1	L- 2,3,14	L- 4,5,6,7,11,17	L- 12	L- 8,13,18	L- 10, 13,16(half),17,18,19,20

हिंदी

महीना	पाठ का नाम	अपेक्षित कुशलताएँ	सुझावित क्रियाकलाप	उद्देश्य / मूल्य
अप्रैल	पाठमाला (कविता) १. (ख) भारत-मंदिर	- विलोम शब्द - पर्यायवाची शब्द - वाक्य संरचना (देखना और जानना)	छात्र देशभक्ति पर आधारित गाने कक्षा में प्रस्तुत करेंगे।	- छात्र प्रकृति का महत्व समझेंगे। - देश के प्रति कर्तव्य, त्याग, समर्पण, प्रेम, अहिंसा और वसुधैव कुटुंबकम का भाव समझेंगे।
	व्याकरण – पाठ १ भाषा और व्याकरण	- भाषा के भेद - लिपि के नाम	अलग-अलग तालिकाएँ बनाना।	छात्र भाषा के भेद तथा लिपि के नामों के जानेगे।
जून	पाठमाला २. चींटा- चूजा भाई-भाई (जातक कथा)	- संयुक्ताक्षर(क्ष, त्र, ज्ञ, श्र) - अनुस्वार - अनुनासिक - विलोम - शब्द-युग्म	पशु-पक्षियों पर आधारित मुहावरे लिखना।	- छात्र श्रम का महत्व समझेंगे। - एकता में शक्ति तथा मेहनत और सफलता का संबंध जानेगे।

		• संज्ञा • लिंग	संज्ञा तथा उसके भेद https://www.youtube.com/watch?v=36Bk62MezwY	
	व्याकरण – पाठ ४. वाक्य	• वाक्य के भेद जानना। (अर्थ के आधार पर ,रचना के आधार पर)	• वाक्य तथा उसके भेद - • https://www.youtube.com/watch?v=UybKO3MKyG8	• छात्र वाक्य के भेदों तथा रचना से परिचित होंगे। • तार्किक क्षमता का विकास होगा।
जुलाई	पाठमाला ३. मंत्री की परख (कहानी)	• विलोम शब्द • बहुवचन • अनेकार्थी शब्द • अंग्रेजी हिंदी रूपांतरण • वाक्यांश के लिए एक शब्द	• कक्षा में पंचतंत्र की कहानी का विडियो दिखना।	• छात्र समस्या-समाधान का महत्व और तरीका जान जाएँगे।
	४. दोहे व्याकरण – अनुच्छेद लेखन	• पर्यायवाची • संज्ञा शब्द • क्रिया शब्द • मानक रूप • अपठित गद्यांश	• हिंदी के प्रसिद्ध कवियों के चित्र चिपकाकर उनका एक-एक दोहा लिखना page No.58	• छात्र नैतिकता के मूल्य जानेंगे। • हिंदी भाषा के रूप को जानेंगे।
अगस्त	पाठमाला ६. एक टोकरी भर मिट्टी (कहानी)	• मुहावरे • विशेषण आधारित वाक्य रचना • पर्यायवाची	• मिट्टी के अलग- अलग प्रकारों से परिचित करवाना।	• वाचन तथा अभिव्यक्ति क्षमता का विकास होगा। • चिंतन तथा तार्किक क्षमता का विकास होगा।

	व्याकरण – ❖ संवाद लेखन ❖ सर्वनाम	शब्दार्थ ,श्रुतलेखन, भिन्नार्थक शब्द।	संवाद लेखन https://youtu.be/lvHHGpX8yBo?si=5hKtX-vLEdTZL6tO सर्वनाम https://youtu.be/cfaNAUuzT7Y	छात्र संवाद-कला से परिचित होंगे शब्द-भंडार बढ़ेगा
सितंबर	व्याकरण - पर्यायवाची शब्द	विविध भेदों के पर्यायवाची शब्द	https://youtu.be/yVGg25JoEIQ?si=5H9fcJc2PSGbdDdTe	छात्रों का शब्द भंडार बढ़ेगा
	व्याकरण – पाठ ८. विशेषण	शब्दार्थ श्रुतलेखन, भिन्नार्थक शब्द।	https://youtu.be/qoeKRiMoRQE?si=FjLvSLqGfKsKLnfB	- विशेषण के भेदों से परिचित होंगे - शब्द भंडार बढ़ेगा
अक्तूबर	पाठमाला ८. किन्नोर देश की ओर (यात्रा - वर्णन)	- वाक्यांश के लिए एक शब्द - उपसर्ग - विशेषण – संज्ञा - कारक और कारक के भेद - प्रत्यय	चित्र को देखकर मन में उठते विचारों को लिखेंगे Page No. 90	- यात्रा वृत्तांत से परिचित होंगे - यात्रा की सुरक्षा और संरक्षण के प्रति जागरूक होंगे

नवंबर	पाठमाला ९. मैं मजदूर हूँ (आत्मकथा)	- वर्ण – विच्छेद - मुहावरों का प्रयोग - संज्ञा – विशेषण	मजदूरों के बारे में जानना तथा उनका महत्व समझना।	छात्र श्रम का महत्व समझेंगे, मजदूरों के जीवन से परिचित होंगे।
	व्याकरण – पाठ ९. क्रिया पाठ १७. पत्रलेखन (अनौपचारिक)	- क्रिया शब्द - सकर्मक क्रिया - अकर्मक क्रिया	क्रिया https://youtu.be/YVoX4R8rEro?si=GvHOao4zK_89O02j	- सकर्मक और अकर्मक के बारे में अंतर कर पाएँगे। - शब्द-भंडार बढ़ेगा। - पत्रलेखन की शैली से परिचित होंगे।
दिसंबर	पाठमाला (कविता) १०. (ख) बूँदें (कविता)	- पुनरुक्त शब्द - विलोम - संज्ञा - सर्वनाम - विशेषण	भारत की प्रमुख ऋतुओं के चित्र कापी में बनाना, उनमें रंग भरना तथा नाम लिखना।	- प्रकृति के प्रति संवेदनशील और जागरूक बनेंगे। - प्रकृति की सुन्दरता को समझेंगे।
	व्याकरण – पाठ १०. काल		https://youtu.be/JtIULdr-7k0?si=2xu4z8sVEzoYvS5s	छात्र काल तथा उसके भेदों की पहचान और प्रयोग करेंगे।
जनवरी	पाठमाला ११. गुल्लक में पानी (पर्यावरण लेख)	- पर्यायवाची - श्रुतिसम भिन्नार्थक - मुहावरे - कारक भेद	‘पानी का महत्त्व’ विषय पर स्लोगन तथा चित्र बनाना।	- पानी का महत्त्व जानेंगे। - जल प्रदूषण को समझेंगे। - पानी की उपयोगिता को समझ पाएँगे।

	१२. वो दिन भी क्या दिन थे (विज्ञान कथा)	• तत्सम,तत्भव,देशज ,विदेशी • पर्यायवाची • वचन • लिंग • काल रूपांतरण • संयुक्त क्रिया	• नई खोज या आविष्कार के बारे में जानकारी इकट्ठा कर कक्षा में प्रस्तुत करना ।	• डायरी लेखन को समझेंगे । • विज्ञान के महत्व को जानेंगे ।
	१३. कगनमल और गुलगुले	(केवल पठन हेतु) Only for reading		
	व्याकरण – पाठ ११. • अविकारी शब्द (क्रियाविशेषण, संबंधबोधक, समुच्चयबोधक, विस्मयादिबोधक)	• सामासिक शब्द • पर्यायवाची • विशेषण • समानार्थी	https://youtu.be/DDB0dUeXo2s?si=4nLbC6WOY2Bty4mw • विकारी और अविकारी में अंतर बताना ।	• अविकारी शब्दों की पहचान तथा प्रयोग कर पाएँगे । • अवलोकन क्षमता का विकास होगा । • शब्द भंडार बढ़ेगा ।
फरवरी	पाठमाला १४. हार नहीं होती (कविता)	• एकवचन • बहुवचन • वर्तनी शुद्धिकरण • अनेकार्थी	• कविता से संबंधित वीडियो	• प्रेरणा ,उत्साह,सहयोग आदि भावनाओं को समझेंगे । • सकारात्मकता के मूल्य को जान पाएँगे ।
मार्च	वार्षिक परीक्षा			

PORTION FOR ASSESSMENT 2025-26

CLASS TEST	PRE-MID TERM	MID TERM	CLASS TEST	POST- MID TERM	ANNUAL
पाठमाला १. (ख) भारत-मंदिर व्याकरण कविता के नीचे का व्याकरण	पाठमाला २. चिंटा- चूजा भाई-भाई ४. मंत्री की परख व्याकरण – - वाक्य - रचनात्मक लेखन- ❖ अनुच्छेद लेखन	पाठमाला ५. दोहे ६. एक टोकरी भर मिटटी व्याकरण – - सर्वनाम - विशेषण - पर्यायवाची शब्द - अपठित गद्यांश - रचनात्मक लेखन- ❖ अनुच्छेद लेखन ❖ संवाद लेखन	पाठमाला ८. किन्नोर देश की ओर व्याकरण – पाठ के नीचे का व्याकरण	पाठमाला ९. मैं मजदूर हूँ १०. (ख) बूँदें (कविता) व्याकरण – - काल - अविकारी शब्द और उनके भेद - अपठित गद्यांश	पाठमाला ११. गुल्लक में पानी १२. वे दिन भी क्या दिन थे १४. हार नहीं होती व्याकरण – - अविकारी शब्द - अपठित गद्यांश - रचनात्मक लेखन- ❖ पत्र लेखन (अनौपचारिक) ❖ संवाद लेखन

मराठी

महिना व कार्य दिवस	पाठाचे नाव	उद्देश / मूल्य	भाषा कौशल्य	व्याकरण
एप्रिल	कविता १ - देणान्याने देत जावे	* निसर्गातील सर्व गोष्टींचे महत्त्व पटवून देणे.	* नवीन शब्दांचा उपयोग, शब्दसंग्रह करणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, यमक जुळणारे शब्द.
https://youtu.be/ilVgCQFV0Yk				
जून	पाठ २ - अशी असावी मैत्री पाठ ३ - माकडांची खोड	* मैत्रीच्या नात्याचे महत्त्व पटवून देणे. * युक्ती ही शक्तीपेक्षा श्रेष्ठ असते, हे मूल्य रुजविणे.	* भाववाचक नामे तयार करणे, त्याविषयी माहिती घेणे. * प्राणी व पक्षांच्या आवाजांची माहिती घेणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, लिंग बदला. * समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, लिंग बदला. * भाववाचक नाम, प्रत्यय लावणे. * निबंध - माझा आवडता मित्र
https://youtu.be/vhI0wl-4Cfw https://youtu.be/KXM6W1skrFs				
जुलै	पाठ ४- प्रेमाची सावली पाठ ५ - विराट कोहली: उत्कृष्ट खेळाडू	* परोपकारी वृत्तीचा विकास करावा, नेहमी सगळ्यांना मदत करावी. * एखादे मोठे पद प्राप्त करण्यासाठी अनेक संकटांना सामोरे जावे लागते. प्रयत्न व सराव यामुळे सगळे काही प्राप्त होऊ शकते.	भाववाचक नामे तयार करणे व त्याविषयी माहिती, नवीन शब्द तयार करणे. * अभिव्यक्तीबद्दल जाणून घेणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, लिंग बदला. * विरुद्धार्थी शब्द, शब्दार्थ. * नाम * निबंध- झाडाचे आत्मवृत्त
https://youtu.be/SOfHM2aMIYU https://youtu.be/pZVOfn2qdw				

ऑगस्ट	कविता ६ - जय भारत पाठ ७ - कष्टाचेच खावे	* देशप्रेमाचे महत्त्व पटवून देणे. * मेहनतीचे फळ नेहमीच चांगले असते. धूर्तपणा बाळगू नये.	* जोडशब्द, नवीन शब्दांचा वापर, मराठी महिन्यांची नावे, सामान्य नामे जाणून घेणे. * भाववाचक नामे तयार करणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, लिंग बदला, यमक जुळणारे शब्द. * मराठी महिने * संवादलेखन
https://youtu.be/JvixOa56ylQ https://youtu.be/Xfdmjk0yT-4 https://youtu.be/tFn5hB959RY?si=_34PWf6OVZazXOka				
सप्टेंबर	पाठ ८ - तेनालीरामचे बुद्धिचातुर्य पाठ ९ - लोभी कोल्हा	* चतुराई कोणत्याही कामात फळ प्राप्त करण्यास कारणीभूत ठरते. * लोभी वृत्ती बाळगू नये अन्यथा सर्वनाश होतो.	* अर्थपूर्ण वाक्ये व विशेषणाचा वाक्यात उपयोग करायला सांगणे. * अर्थपूर्ण वाक्य, सर्वनामांचा उपयोग कसा करावा हे सांगणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, शब्द शुद्ध करणे. * लिंग बदला, वचन बदला, शब्दार्थ. * सर्वनाम
https://youtu.be/BHVpqpjawCg https://youtu.be/00O1Zvf_TFY				
ऑक्टोबर	कविता १० - पाखरांची शाळा	* निसर्गाच्या वेगळ्या शाळेचे वर्णन करणे.	शब्दसंग्रह, शब्दोच्चार, नवीन शब्दांचा वापर करणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, लिंग बदला, यमक जुळणारे शब्द. * विशेषण
https://youtu.be/jQ1NM1TfcAU				

नोव्हेंबर	पाठ ११ - गिरीदुर्ग सप्तशृंगी	* महाराष्ट्रातील पर्यटनस्थळांची माहिती करून देणे.	* विशेषणाचा अभ्यास करणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, लिंग बदला. * चित्रवर्णन * निबंध- माझी शाळा
https://youtu.be/dOT9pojOVR8				
डिसेंबर	पाठ १२ - संतोषधन	* माणसाने नेहमीच समाधानी असावे.	* क्रियापदाचा अभ्यास करणे, अर्थपूर्ण वाक्य बनविणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, लिंग बदला. * निबंध - माझा आवडता ऋतू - हिवाळा * अंकलेखन - १ ते ५०
https://youtu.be/gcEocMfqBPw				
जानेवारी	पाठ १३ - गोवा: एक निसर्गरम्य स्थळ	* गोवा शहराच्या सौंदर्याचे वर्णन करणे.	* नवीन शब्दसंग्रह, आशयपूर्ण छोटी वाक्ये तयार करणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द. * कथालेखन
https://youtu.be/sVPIke0gW0o				
फेब्रुवारी	कविता १४ - गाणे अमुचे जुळे	* एकत्र येऊन जीवनाचा आस्वाद घेऊन आनंदी रहावे.	* शब्द शुद्ध करून लिहिणे, मुख्य ऋतू, उपऋतूची माहिती देणे.	* समानार्थी शब्द, विरुद्धार्थी शब्द, वचन बदला, लिंग बदला.
https://youtu.be/0RGQXWHa6Qg				
मार्च	उजळणी	वार्षिक परीक्षा		

MARATHI PORTION FOR ASSESSMENT 2025 -2026

Class Test 1	Pre-Mid Term	Half Yearly	Class Test-2	Post-Mid Term	Annual Exam
*कविता- १ *व्याकरण- समानार्थी, विरुद्धार्थी शब्द,लिंग,वचन, *अंकलेखन – १ ते ४०.	*धडा- २,३, *व्याकरण-,यमक जुळणारे शब्द,जोड शब्द,समानार्थी , विरुद्धार्थी शब्द,लिंग,वचन. *निबंध लेखन *अंकलेखन - १ ते ४५	*कविता- ६ *धडा- ४,५,७ *व्याकरण- जोड शब्द,समानार्थी शब्द,लिंग,नाम, सर्वनाम. *निबंधलेखन, संवाद लेखन *अंकलेखन - १ ते ५०.	*धडा - ८,९ *व्याकरण-जोड शब्द,समानार्थी शब्द,नवीन शब्दांची ओळख. *अंकलेखन – १ ते ५५	*कविता -१० *धडा- ११,१२ *व्याकरण-जोड शब्द,समानार्थी शब्द,लिंग,वचन. *चित्रवर्णन *अंकलेखन - १ ते ६५	*कविता- १४ *धडा- ११,१२,१३ *व्याकरण-निबंध लेखन,समानार्थी शब्द, विशेषण * चित्रवर्णन, कथालेखन *अंकलेखन - १ ते ७०
पाठ्यपुस्तकातील सर्व प्रश्नप्रकार					

COMPUTER

Month	Unit/ Content	Expected Learning Outcome	Activities/ Class Assignments/ Home assignments	Value Skills
June	Working with tables in Ms Word(Ls No - 3)	Students will get knowledge about – • Insert table • Modify and format a Table • Apply Styles • Calculations	Exercise based on the lesson will be solved. Practical – Open a Word document and perform the practical given on page 37	Effective use of advance tools of Ms-Word.
July	Using Mail Merge (Ls No - 4)	Students will get knowledge about – • Use of Mail merge feature • Documents and steps involved in mail merge. • Perform mail merge	Exercise based on the lesson will be solved. Practical – Create an invitation letter for the Diwali party and follow the instructions given on page 47	Effective use of tools on Ms-Word.
Aug	More ON WINDOWS 10 (Ls no 2)	Students will get knowledge about – • Features of Windows 10 • Desktop and start menu • Universal apps of Windows 10 • Customise the desktop	Exercise based on the lesson will be solved. Practical – Do the following practical given on page 22.	Effective Knowledge of Windows 10
September	More on Power Point (Ls No - 5)	Students will get knowledge about – • Change layout and background • Apply theme to presentation • Create photo album • Add transition effects in a presentation	Exercise based on the lesson will be solved. Practical – Create a presentation on any science topic	Effective use of tools on Ms- Power Point.
October	Practical Exam on Ms Word & PowerPoint			

November	Ms-Excel 2016 (Ls No - 6)	Students will get knowledge about: – • Features of MS Excel • Different parts of the Excel • Create a new workbook & enter data in it. • Save & Open a workbook • Edit the cell content • Insert, delete, navigate a worksheet.	Practical – 1. Open a new work book and do the following given in textbook page 82	Effective use of tools in Ms Excel .
December	Programming Sprites in Scratch (Ls No - 7)	Students will get knowledge about – • Use blocks of Sensing block category • Mathematical operations • Generate random numbers • Create and use variables • Use conditions in programming	Exercise based on the lesson will be solved Practical – Create a script to generate random number between 1 & 10 and follow the instruction given in textbook page 96	Effective use of tools on Scratch
January	More on Internet (Ls No - 8)	Students will get knowledge about – • History of Internet • Popular services available in Internet such as search engine • Features of e-learning • Concept of cloud computing • Need of cyber safety	Exercise based on the lesson will be solved. Practical – Create a power point presentation on ‘Internet Services’	Knowledge about the Internet services
February	Evolution of AI (Ls No -9)	Students will get knowledge about – • Evolution of AI • Major developments in AI • Future of AI	Exercise based on the lesson will be solved.	Knowledge about Evolution of AI.

			Practical – Create a power point presentation on the topic ‘Evolution of AI’	
March	Practical exam on Ms Excel & Scratch			

DRAWING

Month	Unit / Content	Expected learning Outcomes	Activities / Class Assignment / Home Assignment	Value Skill
April	Introduction of Poster Colours Colour Wheel - Primary Colours, Secondary Colours, Warm Colours & Cool Colours Basic Colours (Theory) Colour Applications, Primary Colours, Secondary Colours, Warm Colours, Cool Colours, Importance, Uses, Geometry, Outline	Students will be able to learn poster colour application Draw a circle with the help of rounder and divide it into 6 equal parts. Colour recognition Learn these colour schemes – Primary Colours, Secondary Colours, Warm Colours, Cool Colours	To draw the circle with the help of rounder and divided the circle in equal 6 parts. Board Work, Show Sample https://youtu.be/0FqTC0K8CqU?si=OqzQ5REkIifXpPtv https://youtu.be/L1CK9bE3H_s?si=doWUEVT7hPkrFvOz https://youtube.com/shorts/ifKX5pbzmFg?si=GogCxAz26ZxKAu01	Poster Colouring skills Drawing skills Application Skills. Listening & Observation Skills.
	2. Book Mark Uses, Creation, Observation Experiment & implementation, Craft Skills, Drawing & Colouring, Creativity, Origami	Students will be able to make different Bookmarks (Best out of waste)	Practice making Bookmarks with different materials. Student did it step by step. https://youtu.be/BEwl0fvqo18?si=wKoI2e-VYb58_RdF	Analytical skills to make a bookmark. Finesse & neatness. Drawing & Colouring skills

			https://youtube.com/shorts/flwy7pQJKRc?si=wgwSbshv9POJs-HR https://youtu.be/sxjnXGlZJhQ?si=9Xiesdvq_tGsxCx0	
June	Geometrical Design Geometrical Designs Basic Forms / shapes / designs Observation, Drawing Skills,, Technique, Uses, Importance, Geometry, Fusion, Colour Combinations, Compose, Layout	Students will be able to draw & colour different Geometrical Designs	Make various geometrical designs with the help of rounder, scale etc. https://youtube.com/shorts/-GPMkz2iN-U?si=-ndUiek-6WZRfuOP https://youtube.com/shorts/zadqKTAAbAE4?si=eSfs6UbmnrEXYANI https://youtube.com/shorts/U4UwSb0h7-g?si=WuE4TkELbmWwyOw7 https://youtube.com/shorts/-1NKXXFcZ0Y?si=dpWJELwjh3uWf2Q https://youtu.be/_lJk6-ARzcM?si=V2Ey8GbppEZhmfb8	Understanding Geometrical Designs & its application Colouring skills Drawing skills
July	1. Leaf Printing Leaf Printing ? Observation, Technique, Uses, Importance, Fusion, Colour Combinations, Compose, Layout	Students will learn to do different printings like – leaf, vegetables, sponge, thread etc.	Activity- Leaf Printing using different leaves. Practice on rough papers to develop the techniques. https://youtube.com/shorts/Ib4ZBvQhvCI?si=PiMX4yymBGmPPExt https://youtube.com/shorts/tD9HDXxvgbM?si=oCwi2WfRktH6wzo8 https://youtu.be/610ex1wEiTY?si=PPcpEZlioZ70YNn8	Understanding Leaf Printing and its application. Colour combinations
	2. Mask Mask ? Observation, Drawing Skills Importance, Uses, Cutting & Pasting Skills, Creativity, Techniques, Best out of waste (uses)	Students will be able to make different Masks	Practice making Masks with different materials. Do the sketches. https://youtu.be/3y8hq2GZ_q8?si=zgaRWtXamBKTyw9R https://youtu.be/_gsFz_bm2tQ?si=km-rTwt0fZMV6WV7 https://youtube.com/shorts/oiR1dosyV9I?si=M4256nRBz9LICI_U	Understanding drawing & cutting skills. Application skills

			https://youtube.com/shorts/12oY_P332MY?si=yP-vDP3WQ8P4ldI19	
August	1. Rakhi Making Uses, Creation, Observation Experiment & implementation, Importance of Festivals, Craft, Drawing & Colouring, Creativity	Students will learn to make a rakhi (Best out of waste)	Make a rakhi with different materials. https://youtu.be/ETBrHKxFrT4?si=Mr5cIK_nfREs20y0 https://youtu.be/ahZb5c_Hiso?si=SNXzmAVtJvMHV1Sx	Fineness & neatness. Drawing & Colouring skills
	2 Drawing a Figure Anatomy, Proportion, Importance , Uses, Colouring, outline, Shading Technique, Colour Applications, Compose	Students will learn to draw and colour different figures.	Draw different figures. Practice on the rough paper. https://youtube.com/shorts/acmrwWlznHE?si=JRjnYMcWJywt4hNK https://youtube.com/shorts/acmrwWlznHE?si=ko531x9-m5BTSJXG	Understanding how to draw a figure Drawing and Application skills
September	1. Ganesh – Idol Uses, Observation, Importance , Drawing Skills Colour Applications, Creativity, Experience of Shadu Mati, Techniques, Tools	Learn to make an idol of Lord Ganesh with clay.	To make Ganesh idol using clay https://youtube.com/shorts/rKWlkLLtiV0?si=Q44GNMSkBGsLAVqi https://youtube.com/shorts/P2rDTjVhqdc?si=M3AhhmDGF_FEGqi9 https://youtube.com/shorts/c9lpRNNC3_I?si=yLU4_EHjkOo6nqGy https://youtube.com/shorts/OIprYpnxx40?si=dOlpx4nBFNqlU4N1	Understanding how to make the idol of Ganesh using clay & colour it.
October	1. Lantern Making Uses, Creation, Observation Experiment & implementation, Importance of Festival, Craft, Drawing & Colouring, Creativity	Students will be able to make Diwali Lantern Colouring / Creative design on Paper (Best out of waste)	Make one Lantern and decorate it with different materials. https://youtu.be/eVPjipZzfaA?si=MvHOiuWm7W0KSpH https://youtu.be/Ju2H5WlWTBk?si=MOu5FqSYkcqzgsr7	Understanding how to make a Lantern. Fineness & neatness. Drawing & Colouring skills

			https://youtu.be/PhTpoX8Gsuk?si=mc_5dKrKIIa-nDzL https://youtu.be/eMM3OLV2Qpc?si=KIam8D26aRNTiici	
	2. Design – Table Lamp Drawing & Colouring, Creativity, Uses, Creation, Observation, Importance, Designs	Students will learn to draw and colour different Design – Table Lamps	Make different Design – Table Lamps and colour with different colour combinations/ colour schemes. https://youtube.com/shorts/P2kVLhurP_g?si=kZHqajIXaPeCScD9 https://youtube.com/shorts/tPNTi0qn1B0?si=HCSFw3Lh0ZbwBRtj https://youtu.be/9gsLOOrTwBM?si=1nso-NRbIJ_1uwKc	Understanding of making Design – Table Lamps, Finishing & neatness. Drawing & Colouring skills
November	1. Lippen Art Drawing Skills, Colouring Skills, Creativity, Applications, Techniques, Importance, Uses, Shapes, Forms, Finesse, Craft Sills, Importance, Uses	Students will be able to do different Lippen Art.	Make Lippen Art with the help of clay, colours, mirrors etc. https://youtu.be/U-rut4HufwI?si=uARwIbPVpMtpI6-d https://youtube.com/shorts/PDxrQtArXfs?si=xMsdvONIRsOcpNba https://youtube.com/shorts/VSbciDQG_50?si=nPcWUadupU4-efOf https://youtu.be/RCfab4C5E88?si=pNdbiOedtBzJXnvL	Understanding Lippen Art. & their application skills.
December	1. News Paper Art News Paper Art Observation, Importance, Uses, Colour Applications, Creativity, Thinking, Fusion	Students will be able to draw and colour different Newspaper Art	To make creative art using Newspaper. https://youtube.com/shorts/hrH-cLhmmeE?si=Cu37TrKDcaL4MCOp https://youtu.be/S5x7tk9Vs-E?si=3BiCDTCUZ1i3Ubzh https://youtu.be/BFX-EsRJdzk?si=Ns4s1N572u7x2p9z	Drawing Skills Understanding News Paper Art and their application.
January	1. Draw and Colour - Cartoon Drawing Skills, Proportion, Colour Applications, Uses, Observation,	Students will be able to make different cartoons.	Make a cartoon drawing and colouring. https://youtube.com/shorts/S5eBvTYDYAA?si=UfNhtSJn7onrgwG3 https://youtube.com/shorts/meaqIDlhJuE?si=obFuOzVKS7afd-Tr	Understanding cartoon drawing and their applications. Colouring skills

	Importance.		https://youtube.com/shorts/J914e_SDm1A?si=lZkFLkIJF3_OQ4y8 https://youtube.com/shorts/xPkLUpmD4tA?si=e462_YisneRUMvU9	
February	Revision			

CLASSICAL MUSIC

Month	Unit/ Content	Expected Learning Outcome	Activities / Class Assignments/ Home Assignments	Value Skills
April	1.Song related to water conservation. 2.Finding out the swar from birds chirping in the surroundings. 2.Revision of school song.	To become more sensitive about saving water. To become more inquisitive about music.	https://youtu.be/wSGgt6Ps358?si=5l9_pUkbPMCR_fPb https://youtu.be/Vow8MGvmgiY?si=xvIJGJ-4XmO48yRF https://youtu.be/u7Ri_hgejtw	Love for nature.
June	2. Revision of alankars and school song. 3. Song related with rain.	To be able to sing the songs taught last year. To understand how monsoon is described.	https://youtu.be/JIfFMN6E9DA https://youtu.be/fSnt55TD2BQ	Love for nature.
July	4. Preparation of a song for Independence Day. 5.Chanting of mantras/shlokas.	To develop patriotism To improve the concentration level.	-Patriotic song, (filmi/ non filmi) Practice it at home. -Memorize – Ramraksha stotra https://youtu.be/7Pjl1EFIW6E	Love to nation. Memorization.
August	6. swar and swaralankar. 7.Raag – Des, information, aaroh-awaroh, sargamgeet,	To learn to sing the basic notes of classical. To know more about the raag.	Practice the swaralankar with the help of harmonium. Make two alankars. https://youtu.be/R5Lnay3nIk0 practise it at home.	Basics of classical music. Recitation.
September	8. Introduction Of flute with demonstration (wind instrument). 9. Raag – Des, bandish.	To learn more about flute.	-Collect the information about flute and write it in the notebook.(stick /draw the picture) https://youtu.be/jCVwZM_rII8	Curiosity.

October	10. Finding out the swar from birds chirping in the surroundings. Regional language song.(Gujrati)	To get more connected with music. To make familiar with the language .	Concentrate and listen to the sound of birds in the surroundings of your house and try to find out different swara. https://youtu.be/BdtrbxrrVr0 https://youtu.be/ERIfZouFJtQ	Concentration
November	11. How does music benefit brain? How does it help to create moods? 12. Raag sarang, information, aaroh-awaroh, sargamgeet,	To know more about benefits of music.	Game –Antakshari with family. This can also be done to create moods, such as happy, sad. https://youtu.be/kZJ8BfEuP8	Experimentation
December	13. Viewing videos of legend's performances. Discussion on TV programmes (those are related to Dance and Music to encourage the students.	To develop the interest in any of the art form.	Watching the videos, trying to find out their liking. https://youtu.be/AwEQqcszjHc https://youtu.be/3kBuDppKJMQ https://youtu.be/PQH45chHspI https://youtu.be/aV97AuCRyeI https://youtu.be/UOhzx_npilY	Analytical and reflective thinking.
January	14. Preparation of a song for Republic Day 15. Raag sarang, bandish. 16. Exhibition preparation.	To develop patriotism	-Patriotic song, (filmi/ non filmi) Practice it at home. Models and charts making for the exhibition.	Love to nation.
February	17. Individual assessment of the students.	To evaluate the students.	Practise for Individual assessment.	Evaluation.

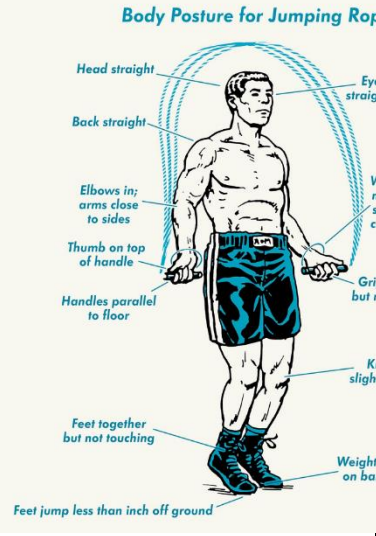
WESTERN MUSIC

Month	Unit/ Content	Expected Learning Outcome	Activities / Class Assignments/ Home Assignments	Value Skills
April	Songs related to spring season 2. Little Birdies everywhere.	become more sensitive about nature.	Seed plantation and writing about the changes observed in nature during spring season. https://youtube.com/watch?v=n-NuTK07s-s&feature=shared	nature conservation.
June	Songs related to rain and rainy season. drops keep falling on my head.	understand how monsoon is described.	https://youtu.be/sySIY1XKlhM?si=OVR9j_ZGASnod3h4	Love for nature.
July	3. Preparation of a song for Independence Day.	To develop patriotism improve the concentration level.	-Patriotic song, (filmi/ non filmi) Practice it at home https://youtube.com/watch?v=3GdPajtg0MQ&feature=shared	love for the nation. Memorization.
August	4. Songs on unity, positivity and friendship. Courage to change Dream Big	understand the values of human relationships.	https://youtu.be/GMvAQXjQCDs https://youtu.be/0U9iGANYM08?si=nwLn5oOu9Ausbth2	e for family, friends and human beings.
September	Motivational songs and song for Teachers Day. Shukrana	e and respect for teachers	Prepare cards for teachers. https://youtu.be/BoA8xkiuts0	ibiting your feelings your teachers and elders.

	The Chainsmokers Superhero			
October	Song based on Diwali and festivities.	to learn more about the festival.	Craft activities related to festival of lights. https://youtube.com/watch?v=fTkUj6H0G3A&feature=shared	Understanding the core meaning of Diwali, setting up, sharing and caring.
November	Songs on nature Children around the World	to know about various birds and colours of nature.	Learning in depth about the various aspects in nature. https://youtube.com/watch?v=IJToF8D9bdU&feature=shared	Observation and selecting and recording of events.
December	Songs on Christmas, choir setting and solo singing.	to learn about the culture and facts related to the festival of Christmas	To have craft activity making of holly boughs. https://youtu.be/UzQt3KQep9o?si=9RMZ1-vPs4skxKSm	Fun with art
January	4. Preparation of a song for Republic Day Celebration.	To develop patriotism	-Patriotic song, (filmi/ non filmi) Practice it at home. Models and charts making for the exhibition.	Love to nation.
February	Individual assessment of the students.	to evaluate the students.	Practise for Individual assessment.	Evaluation.

PHYSICAL EDUCATION

Month	Unit/Content	Expected Learning Outcomes	Activities/Class/Home assignments	Body parts involve	Values/Skills
April	1.Warm-up exercises. 2.Simon Says (Advanced activity)	1. Students will be able to do basic warm-up exercises which are the prerequisite of the main content of the following exercises. Jogging - 5 min increase speed every 30 sec. Spot jumps - 100 x 2 Jumping jacks - 25 x 2 Alternate toe touch - 25 x 2 Squats - 20 x 2 Wall push ups - 30 x 2	Ask students the names of Warm-up exercises And the general and specific importance of exercise.	All body parts involved.	1.Discipline 2.Fine Motor skills 3.Readiness
June	1.Skipping (jump rope activity) 2.Volleyball (underhand pass skill) 3.Indoor games	1. Demonstrate proper form and rhythm in basic skipping. 2. Improve cardiovascular endurance and coordination. 3.Demonstrate proper stance and hand position for the underhand pass. 4.Understand basic rules and team play in volleyball.	Students will perform the activity according to the instructions of the teacher.	All body parts involved.	1. Discipline and consistency through daily practice. 2. Coordination and balance. 3. Team work and co-operation.

					4. Persistence in skill improvement.
July	1.Volleyball (Underhand service) 2.Football (Dribbling) 3. Kho-Kho (Running and Dodging)	1. Understand when and how to use underhand serve during a game 2. Control the ball while moving in different direction at varying speeds. Run efficiently and dodge defenders using quick movements.	Students will perform the activity according to the instructions given by the teacher.	All body parts involved.	1. Hand- Eye coordination 2. Focus and practice 3. Ball control 4. Agility and footwork 5. Speed and quick reaction times
August	1. Animal Walk 2. Volleyball (Defence Skill) 3. Football (Passing) 4. Kho-Kho (Giving Kho) 5. Basketball (Passing) 6.Indoor games activity.	1.Demonstrate creative body movements inspired by animals to improve motor skills and coordination. 2.Receive and control the ball effectively using forearm pass and dig techniques during a rally. 3.Execute accurate short and long passes.	Students will perform the activity according to the instructions of the teacher.	All body parts involved.	1. Flexibility and coordination 2.Defensive positioning 3.Teamwork and support 4.Tactical awareness. 5.Decision-making and timing

		4. Properly perform the action of giving “KHO”			
September	Major Nutrients, Indoor games activity.	Carbohydrates- is an important food group and part of a healthy diet. Carbohydrates are the sugars, starches and fibers found in fruits, grains, vegetables and milk products. Protein -Protein is a macro nutrient that is essential to building muscle mass. It is commonly found in animal products, though is also present in other sources, such as nuts and legumes. Fats-Has 9 calories per gram, more than 2 times the number of calories in carbohydrates and protein, which each have 4 calories per gram.	Students will gather the information about major nutrients and will make a chart on the same.	All body parts involved.	Students will understand the concepts of nutrients and make their own chart of nutrients.
October	1.Nutritional game 2.Volleyball rotation 3.Football (shooting) 4.Kho-Kho (chasing techniques)	1.Understand basic concepts of healthy eating and nutrition through interactive activities	Students will perform the activity according to the instructions of the teacher.	All the body parts involved.	1.Quick recall and application of nutritional facts 2. Positive attitude toward learning about health and nutrition.

November	1.Volleyball (Upper hand pass) 2.Football (Ball control first touch) 3.Kho-Kho (dodging and diving) 4.Basketball (Footwork)	1.Perform an accurate upper hand pass (set) using correct technique. 2.Control the ball effectively using different body parts (foot, thigh, chest). 3.Use dodging and diving techniques to avoid being tagged by opponents.	Students will perform the activity according to the instructions of the teacher.	All the body parts involved.	1.Quick reaction and spatial awareness. 2.Fair play and decision-making.
December	1) Football (heading) 2) Kho-Kho (match practice)	1.Perform basic heading techniques safely and accurately during gameplay situations. 2.Apply learned skills (running, chasing, dodging, giving kho) in real game setting.	Students will perform the activity according to the instructions of the teacher.	All the body parts involved.	1.Aerial control and judgment 2.Leadership and responsibility. 3.Respect for opponents and fair play.
January	1) Volleyball (match practice) 2) Football (tackling) Basketball (rebounding)	1.Apply all basic volleyball skills (serving , passing, setting, spiking, defending) in a real game. 2. Perform safe and effective tackles to regain ball possession. 3. Secure the ball after a missed shot using proper rebounding techniques.	Students will perform the activity according to the instructions of the teacher.	All the body parts involved.	1.Balance and body control. 2. Team support and hustle. 3. Courage and confidence
February	1. Volleyball (match practice) 2. Football (positioning and movement)	1.Understand and apply proper positioning based on the flow of the game (attack and defence).	Students will perform the activity according to the instructions of the teacher.	All the body parts involved.	1.Agility , Stamina and Endurance. 2. Patience and focus under game pressure.

		2.Apply all basic volleyball skills (serving, passing, setting, spiking, defending) in a real game.			
March	1) Fun games 2) Jumping, Throwing and catching activity	1.Participate actively and enjoy group games that promote fitness, teamwork, creativity. 2. Demonstrate correct techniques for throwing, catching and jumping.	Students will perform the activity according to the instructions of the teacher.	All the body parts involved.	1. Persistence and goal-setting. 2.Confidence in physical abilities.